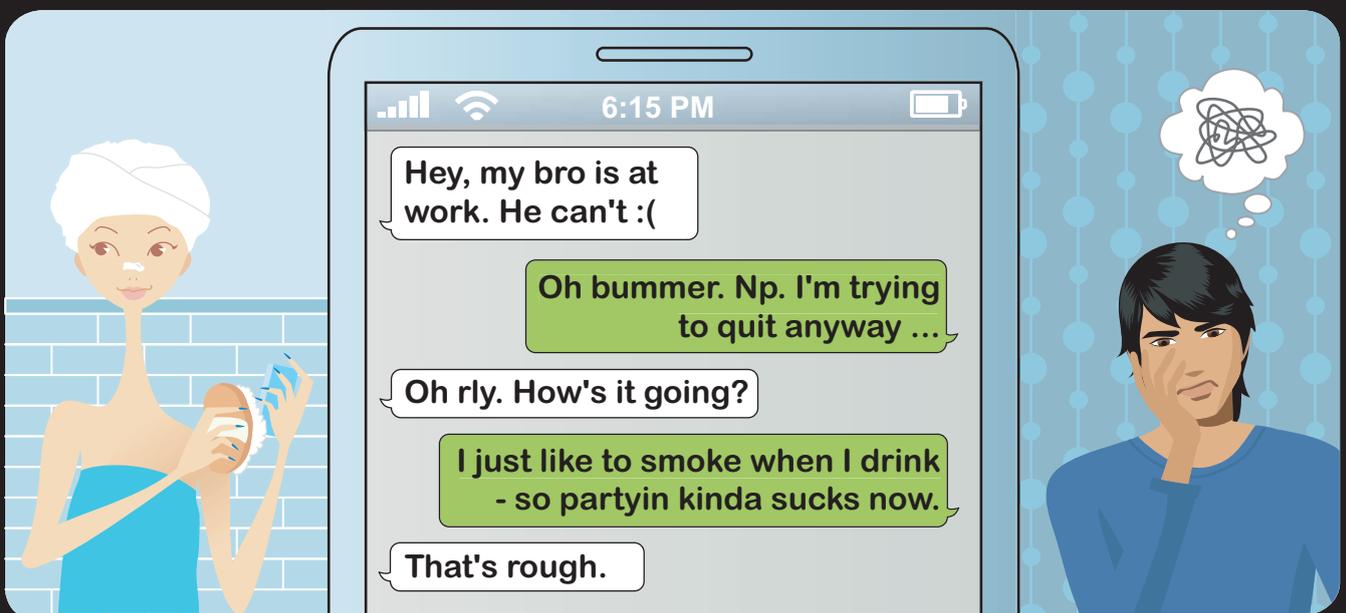
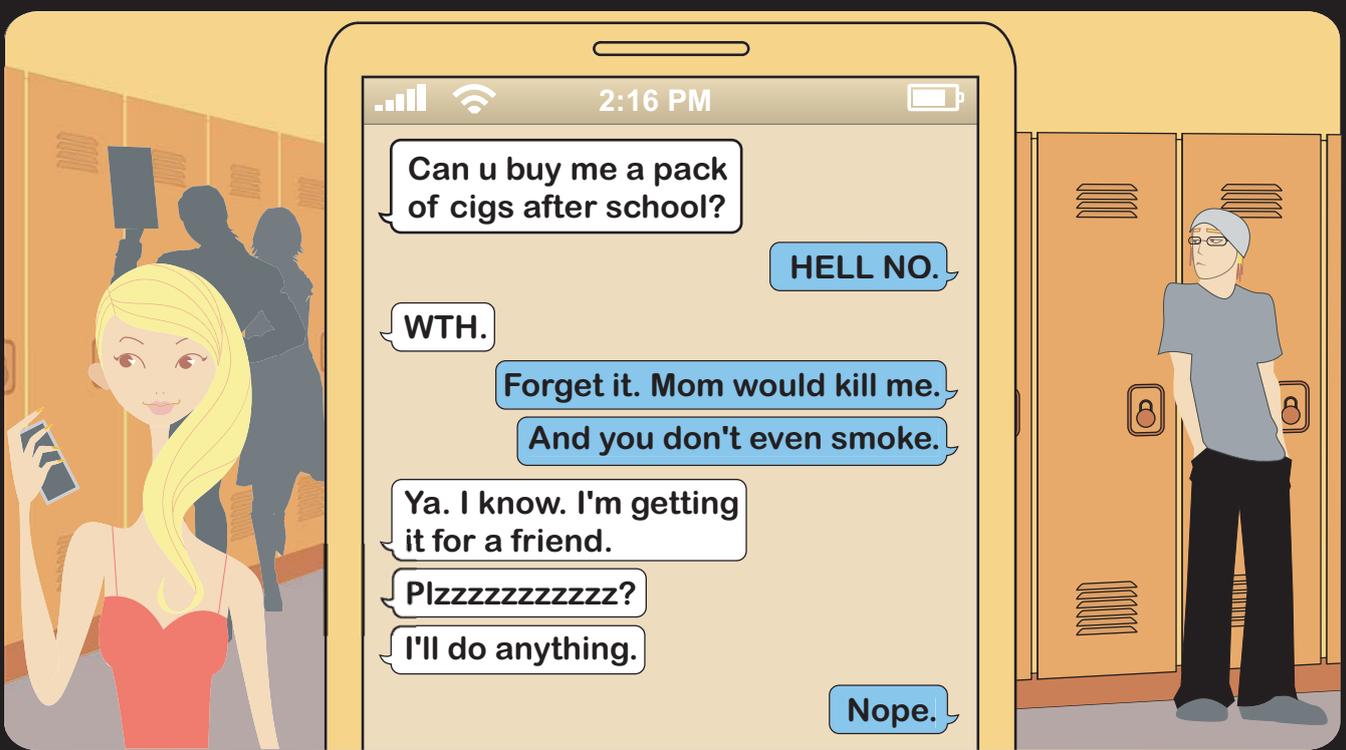


Triggers

Issue #3: PARTIES



LET'S REVIEW

If smoking and drinking at parties sets you off then it's good to know your limits. 4 out of 5 teens do NOT smoke, so odds are there is a non-smoker at the party to talk to. If you decide to test the waters of not smoking at a party, have a game plan. Bring your gum, cell phone, and best non-smoking friend. It's also okay to not go. Decide what's best for you.